



Gates Recreation & Parks Activities

Registration begins January 3 for residents

Winter-Spring 2018



Connecting Community

Department Information

PROGRAM REGISTRATION:

For Gates residents BEGINS on Wednesday, January 3 at 12 noon unless otherwise noted. For non-residents BEGINS on Wednesday, January 17 at 12 noon unless otherwise noted.

REGISTRATION ON-LINE

Have you registered for a town recreation program or completed a park shelter rental form in the past 3 years? If so, you already have an existing account with us. Give us a call and we will enable your account and send you a password so that you can register online at your convenience. Go to www.gatesrecparks.org and select:

“Register Now” to register for programs, then choose your activity and either sign in or create account OR
“Facility Information” to request a hold on a park shelter rental

OFFICE HOURS

Monday – Friday, 9:00 AM – 5:00 PM
Thursday evening until 7:00 PM

PHONE (585) 247-6100, ext. 235

24-HOUR INFORMATION PHONE (585) 429-8289

E-MAIL ADDRESS gatesrec@townofgates.org

WEB SITE www.gatesrecparks.org

GATES RECREATION & PARKS STAFF..... PHONE EXT.

Linda T. Fowler, CPRP, Director237
Cindy L. Briggs, APRP, Recreation Supervisor236
Stacie M. Paris, Recreation Supervisor234
Kim Vogler, APRP, Adult Services Coordinator232
Dawn Steffenilla, Senior Services Assistant287
Linda Saraceni, Recreation & Parks Secretary235

GATES RECREATION & PARKS COMMISSION

Rhoda E. Ride, Chairperson
Gregory Westbrook, Vice Chairperson
Eileen Andrews
Abramo Bianchi
Rob Keister
Steve Murphy
John Unson

GATES TOWN BOARD

Mark W. Assini, Supervisor
Christopher DiPonzio, Deputy Supervisor
Lee Cordero, Councilman
Andrew Loughlin, Councilman
Steve Tucciarello, Councilman

247-6100 ext. 235



PROGRAM CANCELLATION INFORMATION

Programs conducted in school facilities are cancelled when Gates Chili Schools are closed.

Recreation program status is updated on the 24-hour Program Information Service at 429-8289. Programs cancelled due to poor weather conditions will be reported on WHAM 13 & CW TV, 13WHAM.com and Clear Channel Rochester radio stations. Also please check our Facebook page.



Follow us on Facebook at

www.facebook.com/pages/Gates-Recreation-and-Parks-Department



And Twitter at

twitter.com/gatesrecparks

GATES RECREATION & PARKS DEPARTMENT'S

Mission Statement

The department's mission is to provide accessible, affordable, and quality leisure programs, activities, services and facilities to all residents of the Town of Gates and to actively inform and educate residents about the role of the Gates Recreation and Parks Department. Also, to ensure residents that all programs and facilities are available for the public to participate in regardless of race, gender, income, physical disabilities, creed or other barriers that would preclude participation.

The Gates Recreation and Parks Department will continue to stress the value of positive leisure experiences and continue to maintain liaisons with other public and private organizations that impact upon the education, health, safety and leisure needs of residents.

A Message From...
the Director



Winter in Rochester! What better time to start a new hobby, make new friends and stay active and warm. We have a program brochure here full of just these things for the New Year! Challenge yourself to step out on a Friday night and try our Ballroom Dance lessons, spend a weekend scrapbooking or card making with friends, bring your kids to Kid's Night Out and take a little time for dinner out. Be active this winter and before you know it spring will be here.

We hope to see you at one of our upcoming programs or events.

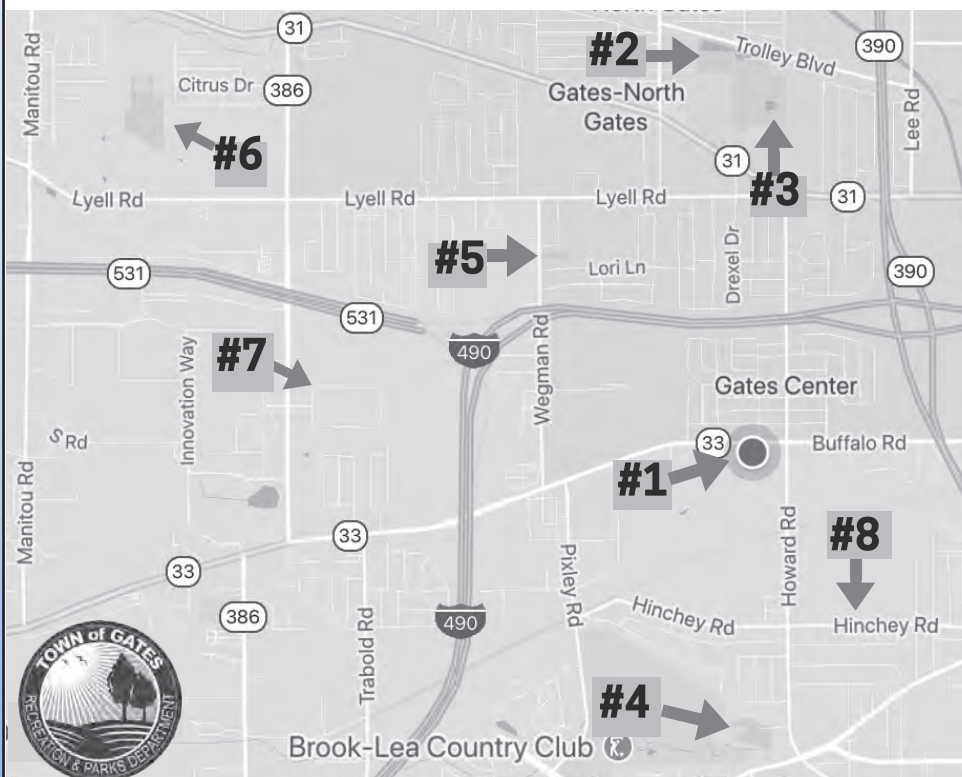
Linda Fowler

Linda T. Fowler, CPRP
Director of Recreation & Parks

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Park and Program Locations:



#1: Gates Town Hall/Recreation Center & Recreation Office

1605 Buffalo Rd.,
Rochester, NY 14624

#2: Lions Park
100 Kentucky Ave.,
Rochester, NY 14606

#3: Memorial Park
160 Spencerport Rd.,
Rochester, NY 14606

#4: Westgate Park
1489 Howard Rd.,
Rochester, NY 14624

#5: Wegman Road Park
510 Wegman Rd.,
Rochester, NY 14624

#6: Gates Town Park
4310 Lyell Rd.,
Rochester, NY 14606

#7: Rochester Regional Health System Total Sports Experience (TSE)

880 Elmgrove Rd.,
Rochester, NY 14624

#8: Hinchey Historical House
634 Hinchey Rd.,
Rochester, NY 14624

Special Events

Family Sweetheart Dance

It's back by popular demand! Bring your special "little" person and enjoy an evening of dancing, refreshments and fun. Dress is semi-formal. Fee includes refreshments, including our chocolate fountain, and a picture keepsake of this very special evening. Please register all persons attending the dance.

Class # 11140A
For: Ages 3 – 10 years (all children must be accompanied by a responsible adult)
Date: Saturday, Feb. 10
Time: 6:30 PM - 8:00 PM
Fee: \$5 per person
Place: Gates Recreation Center



Friends of Gates Recreation & Parks Department Euchre Tournaments

These fun social tournaments consist of 8 games that have a 20 minute time limit. If you would like to bring something to pass, we ask that if your last name begins with: A – H bring a snack food; I – P bring a dessert and Q – Z bring a non-alcoholic drink (coffee and water will be supplied). Cash prizes will be given. Proceeds for these two tournaments help support Gates Recreation & Parks programs and park improvements. Other tournaments are held throughout the year on the second Saturday of each month to benefit other community based groups.

For: Age 18 and over
Dates: Saturdays, Jan. 13 & March 10
Time: Doors open at 5:15 PM and cards begin at 6:00 PM
Place: Gates Town Hall Annex Room
Fee: \$10 at door, no pre-registration is required

Family Movie Night

Come to the Gates Recreation Center with your family and enjoy an indoor movie! There will be mats spread out in front for children to sprawl out and you may bring blankets and/or chairs. Refreshments will be available. Please no outside food and beverages. Children must be accompanied by a responsible adult. Our movie will be Disney's "The Luck of the Irish" (2001).

Class # 11250A
For: All Ages
Date: Friday, March 16
Time: 7:00 PM – 9:00 PM
Fee: FREE
Place: Recreation Center Room A



Special Events

Easter Egg Hunt

Kenneth R. Kemp 50th Annual Easter Egg Hunt

Come join the Easter Bunny at the 50th Annual Easter Egg Hunt! Special prizes will be hidden among the eggs for this anniversary event. Children will be divided into age groups and sent out onto the indoor fields in a hunt for candy and prize tokens. Enjoy entertainment for the whole family following the hunt. Then take a few minutes to visit with some furry friends from the Humane Society at Lollypop Farm. This event is for **GATES RESIDENTS ONLY!** Please note our location is indoors at Rochester Regional Health Total Sports Experience, 880 Elmgrove Road. Bring a basket or bag to collect your goodies! No pre-registration is required. We start promptly; so, please arrive before 10 AM.

Class # 11271A
For: Ages 3 – 8 years
Date: Saturday, March 31
Time: 9:45 AM – 11:30 AM
Fee: FREE
Place: Rochester Regional Health Total
 Sports Experience



Jellybean Guessing Contest

A small jar of jellybeans and goodies will be placed in the Gates Recreation Center beginning on February 26. Guess the number of jellybeans in the jar; fill out the form and place it in the box. Winner will receive the jar and a gift certificate. Stop by and take a guess! This contest is for children 12 years and younger and ends on March 23.

Preschool Activities



Preschool Play

Enjoy our large room filled with toys, mats, scooters, slides, tunnels, puzzles, blocks and other play equipment; what more could you ask for? This is a wonderful opportunity for your children to get out of the house, get exercise and interact with other children their age. Parent/Guardian supervision is required. GATES RESIDENTS ONLY. REGISTRATION REQUIRED AND PLEASE REGISTER FOR **ONE DAY ONLY**. Children must be accompanied by a responsible adult.

For: Ages 1 to 5 years
Fee: Free
Place: Recreation Center Pre-School Area

Mornings: 10:00 AM - 12:00 PM
Class # 13266A
Dates: Tuesdays, January 23 - March 20
(No class on Feb 20)
Class # 13266B
Dates: Thursdays, January 25 - March 22
(No class on Feb. 22)
Class # 13266C
Dates: Tuesdays, April 10 - May 29
Class # 13266D
Dates: Thursdays, April 12 - May 31

Evening: 5:00 PM - 7:00 PM
Class # 13266E
Dates: Thursdays, January 25 - March 22
(No class on Feb. 22)
Class # 13266F
Dates: Thursdays, April 12 - May 31

Munchkin Madness

Does your child enjoy hands-on activities? Then come and enjoy a number of weekly themed activities and crafts. Once the children are done with their craft, there will be time for them to play with the many toys and games around the room. Please bring a shirt to get messy in. Children must be accompanied by a responsible adult.

Fee: \$16 each session
Place: Recreation Center Craft Area

For: **Ages 1 to 2 years**
Class # 13347A
Dates: Wednesdays, Jan. 24 - March 21
(No class Feb. 21)

Class # 13347B
Dates: Wednesdays, April 11 - May 30
Time: 9:30 AM - 10:30 AM

For: **Ages 3 to 5 years**
Class # 13348A
Dates: Wednesdays, Jan. 24 - March 21
(No class Feb. 21)

Class # 13348B
Dates: Wednesdays, April 11 - May 30
Time: 10:45 AM - 11:45 AM



Youth Activities

Epic Training Safety Day

No School! What can your kids do? Join Gates Recreation and Parks and Epic Training for a Safety Day for Youth. A variety of classes dealing with keeping kids safe will be offered throughout the day. Are you a working parent? Drop your kids off as early as 7:30 AM and pick them up by 5:30 PM. They will join the GAP kids before and after the class. This course will include First Aid for Kids, Social Network Safety and Home Alone Safety. Help us help keep our communities' kids safe. This course is designed to teach children who are home alone the importance of behaving responsibly and how to handle themselves when confronted with challenges they may experience while home alone. Instructors from EPIC Trainings will cover topics, including, but not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies, such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child. Please bring a bag lunch.

Class # 14016A
For: Ages 7 – 14 years
Date: Monday, April 23
Time: 8:30 AM – 2:00 PM
Fee: Res: \$30 Non-Res: \$50
Place: Recreation Center Room A



Kids Night Out

This monthly program gives kids the chance to enjoy a special evening away from their parents in a fun and safe environment! We will have games, crafts, movies, snacks and many different activities. Please register early to assure these programs run. Each month will showcase a different theme or activity.

For:	Ages 5 – 14 years	
<u>CLASS #:</u>	<u>THEME:</u>	<u>DATES:</u>
14260A	Cabin Fever Night	Friday, Jan. 26
14260B	Trivia & Game Night	Friday, Feb. 16
14260C	Gaga Ball Night	Friday, March 23
14260D	Mystery Night	Friday, April 27
Time:	6:00 PM - 9:00 PM	
Place:	Recreation Center	
Fee:	Res: \$10 (per class) Non-Res: \$16 (per class)	



Youth Activities



Recess Camps

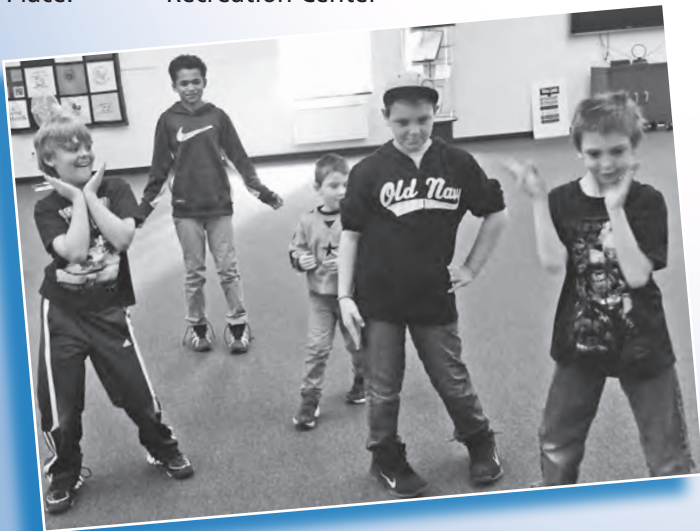
Join some of our Gates Activity Program staff as we engage kids in trips, visits and fun activities during the school recess. Each day will include breakfast, a snack, lunch time (please bring a bag lunch daily unless notified otherwise), daily trips or visitors, group activities and crafts. In order to assure that we provide this camp, we encourage that you register as soon as possible.

February Camp

Class # 14461A
For: Ages 5 – 14 years
Dates: Monday - Friday, February 19 - 23
Time: 7:30 AM – 5:30 PM
Fee: Res: \$130 Non-Res: \$160
Place: Recreation Center

April Camp

Class # 14461B
For: Ages 5 – 14 years
Dates: Monday - Friday, April 2 - 6
Time: 7:30 AM – 5:30 PM
Fee: Res: \$130 Non-Res: \$160
Place: Recreation Center



Children's Party at the Center

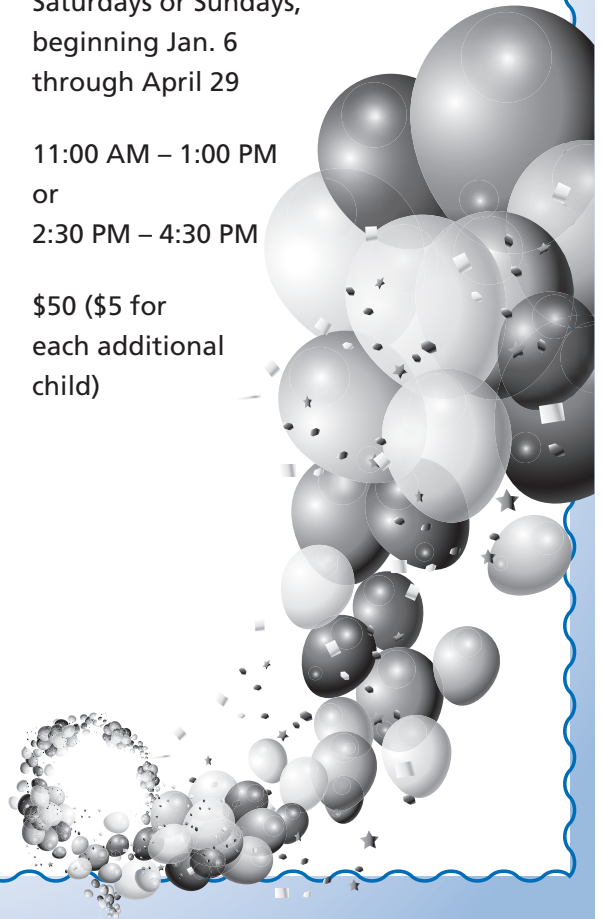
Reserve the Recreation Center for an age appropriate birthday party for your child. A two-hour party package allows you to enjoy games and activities in the Recreation Center including basketball throw, ping pong, pool, air hockey and foosball. Also included is the use of our Pre-school Area with mats and age appropriate toys for children under the age of 5. The tiled area can be used for refreshments that you bring in. Price is for a group of ten children, including the birthday boy or girl. Additional children are extra. Please call 247-6100, ext. 235 for availability.

For: GATES RESIDENTS ONLY ages 16 and under

Dates: Saturdays or Sundays, beginning Jan. 6 through April 29

Time: 11:00 AM – 1:00 PM
or
2:30 PM – 4:30 PM

Fee: \$50 (\$5 for each additional child)



Youth Program Registration Form (Recess Programs)

Please use 1 form for each participant (complete both sides)

Registrations will **NOT** be accepted without completed forms, Immunization records and proper payment.
(IMMUNIZATION records are required for the SUMMER PLAY CAMP PROGRAM ONLY)

<p><u>RECESS CAMPS</u> <input type="checkbox"/> February (February 19 – 23) <input type="checkbox"/> April (April 2 - 6)</p> <p>*Tentative Fall Camps <input type="checkbox"/> Columbus Day (Oct 8) <input type="checkbox"/> Veteran’s Day (Nov 12) <input type="checkbox"/> Winter (December 27 – 30)</p> <p><input type="checkbox"/> STAR Camp</p>	<p><u>SUMMER PLAY CAMPS</u> <input type="checkbox"/> Session A (July 2 – July 6) <input type="checkbox"/> Session B (July 9 – July 13) <input type="checkbox"/> Session C (July 16 – July 20) <input type="checkbox"/> Session D (July 23 – July 27) <input type="checkbox"/> Session E (July 30 – Aug 3) <input type="checkbox"/> Session F (Aug 6 – Aug 10)</p> <p>Location: _____</p> <p><u>*Registration begins April 11*</u></p>	<p><u>SUMMER PLAY CAMPS</u> <input type="checkbox"/> Before Care <input type="checkbox"/> After Care Location: _____</p> <p><input type="checkbox"/> NATURE CAMP (Aug 13-17)</p> <p><u>GAP PROGRAM</u> <input type="checkbox"/> Before Care <input type="checkbox"/> After Care Location _____</p>
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1

Child Last Name	Child First Name	Age
Street	Zip	Date of Birth
Phone	Grade(2017-2018)	School Attending

2 **DURING PROGRAM HOURS WHERE PARENTS CAN BE REACHED:**

Mother’s Name	Phone	Alt. Phone
Father’s Name	Phone	Alt. Phone

3 **IN CASE OF EMERGENCY AND PARENT CANNOT BE REACHED, PLEASE NOTIFY:**

Name	Relationship	Phone Alt. Phone
Name	Relationship	Phone Alt. Phone
Name	Relationship	Phone Alt. Phone

4 **AUTHORIZATION FOR PICK-UP FROM PROGRAMS (Other than Parents):**

Name	Relationship	Phone Alt. Phone
Name	Relationship	Phone Alt. Phone
Name	Relationship	Phone Alt. Phone
Name	Relationship	Phone Alt. Phone

1. Should participant be restricted in recreation or swimming? In what way? _____

2. For Swimming activities, would you consider the participant a swimmer or Non-swimmer? _____

Additional Information: _____

-PLEASE COMPLETE REVERSE SIDE-



Gates Recreation and Parks Department
PROGRAM MEDICAL FORM Please use 1 form for each participant

The NYS Dept. of Environmental Health requires an immunization history filled out as completely as possible, for each camper under the age of 16. Please notify the Recreation & Parks Department if child is exposed to any communicable disease during the 3 weeks prior to any program (especially chicken pox or shingles).

Participant's Name _____ Date of Birth: _____

Name of Primary Care Physician: _____ Phone: _____

Do you carry family medical/hospital insurance? Yes No

If yes, Carrier: _____

Please indicate the appropriate answers or put N/A or "none" if the question does not apply to your child.

3. Is participant allergic to any food, or medications/drugs? _____

4. List any/all Medications participant is currently taking and what it is for _____

5. Is participant on a special diet? If so, explain: _____

6. Has participant been under any medical care within the past three months? If so, explain: _____

7. Anything else we should know about your child?(health issues or diagnosis, talents, fears, special abilities) _____

Liability Waiver & Consent for Medical Treatment

I assume all risks and hazards incidental to the conduct of the activities of Gates Recreation Programs and do hereby further release and hold harmless the Town of Gates and the Town of Gates Recreation and Parks Department staff and volunteers. The Town of Gates does not provide medical insurance. The Town of Gates does not provide accident insurance coverage. I give permission for above participant to be given first aid in case of emergency. This includes permission for the participant to be taken to the emergency department of a local hospital and that a licensed physician or hospital staff to administer emergency medical care deemed necessary for the child listed above when normal permission is unavailable. I certify that the child listed above is in good physical health and has no limitations other than those listed on the PROGRAM MEDICAL FORM, which may predispose the child listed above to risk during the program(s). I also fully realize that I must provide proper hospitalization. This health history is correct as far as I know. I have also read and understand the department's registration information, including its refund policy and procedure. I also understand the department is not responsible for participants' personal items if lost or stolen.

I give permission for the Town of Gates to photograph or video tape my child during Gates Recreation and Parks programs/activities.
_____Yes _____No

Parent/Guardian Signature: _____ Date: _____ / _____ /2018

Registrations will NOT be accepted without completed forms, Immunization records and proper payment.
(IMMUNIZATION RECORDS ARE REQUIRED FOR THE SUMMER PLAY CAMPS PROGRAM ONLY)

Youth Activities

Youth Dance

Tap, Ballet & Gymnastics - Beginner

These enjoyable non-competitive yet structured classes will follow a graded syllabus of dance. Each class will begin with warm up exercises. This beginner level class introduces young dancers to a variety of dance styles in a structured and fun way. Class attire: light pink leotard, pink tights, pink leather ballet shoes, tap shoes. Instruction is provided by the American Dance Academy and held at the Gates Recreation Center, 1605 Buffalo Road. **Please note new students are only accepted in the January session.**

For: Ages 3 – 5 years
Time: 11:00 AM - 11:44 AM
Place: Recreation Center Room A

Class # 14810A
Dates: Saturdays, Jan. 13 – Feb. 17
Fee: Res: \$48 Non-Res: \$54 (6 sessions)

Class # 14810B
Dates: Saturdays, March 3 – April 14
(No class April 7)
Fee: Res: \$48 Non-Res: \$54 (6 sessions)

Class # 14810C
Dates: Saturdays, April 21 – May 26
Fee: Res: \$48 Non-Res: \$54 (6 sessions)



Tap, Ballet & Gymnastics Level 1 & 2

These enjoyable non-competitive yet structured classes will follow a graded syllabus of dance. Each class will begin with warm up exercises. Instruction is provided by the American Dance Academy and held at the Gates Recreation Center, 1605 Buffalo Road. Class attire: light pink leotard, pink tights, pink leather ballet shoes, tap shoes. **Please note new students are only accepted in the January session.**

For: Ages 6 – 7 years
Time: 10:15 AM - 11:00 AM
Place: Recreation Center Room A

Class # 14810D
Dates: Saturdays, January 6 – March 17
(No class Feb. 24)
Fee: Res: \$76 Non-Res: \$82 (10 sessions)

Class # 14810E
Dates: Saturdays, March 24 – May 26
(No class April 7)
Fee: Res: \$63 Non-Res: \$69 (9 sessions)

Hip Hop - Beginner

Youth will learn the latest street dance/hip hop moves with age appropriate music while getting a great workout. The dance instructor will lead the participants through the moves and help the students put these together into a full dance. Loose fitting clothing and sneakers are required. The American Dance Academy will provide instruction for this fun class. **Please note new students are only accepted in the January session.**

For: Ages 8 – 13 years
Time: 10:15 AM - 11:00 AM
Place: Gates Town Hall Large Meeting Room

Class # 14820A
Dates: Saturdays, January 6 – March 17
(No class Feb. 24)
Fee: Res: \$66 Non-Res: \$72 (for 10 sessions)

Class # 14820B
Dates: Saturdays, March 24 – May 26
(No class April 7)
Fee: Res: \$60 Non-Res: \$66 (for 9 sessions)

Additional Dance Classes for returning students can be found on our website at www.gatesrecparks.org .
Registration begins for all on January 3.

Adult Activities

ACTIVE

Beginner Ballroom Dancing

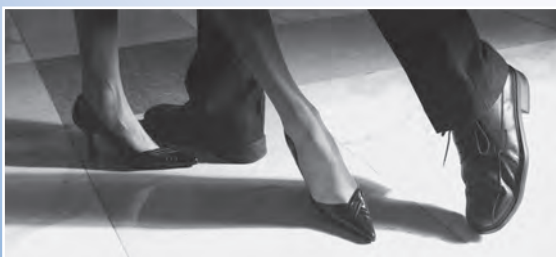
Learn the basics of some popular social ballroom dances. Foxtrot, Waltz, Rumba, Swing and Hustle will be introduced. No experience is necessary. Couples and singles welcome. Your instructor is Christy Burda.

For: Ages 18 years and over
Time: 6:00 PM - 7:00 PM
Place: Gates Town Hall Large Meeting Room
Class # 15210A
Dates: Fridays, January 19 – March 2
(No class Feb. 23)
Fee: Res: \$36 Non-Res: \$42 (6 sessions)
Class # 15210B
Dates: Fridays, March 9 – April 27
(No class March 30, April 6)
Fee: Res: \$36 Non-Res: \$42 (6 sessions)

Gates Ballroom Club

Join us for a fun-filled class. Expand on your social dance knowledge. Brush up on steps and techniques. Prior experience is necessary. Possible dances covered: Foxtrot, Waltz, Rumba, Swing, Hustle, Tango, Mambo, Cha-cha and Merengue. Couples and singles welcome. Your instructor is Christy Burda.

For: Ages 18 years and over
Time: 7:00 PM - 8:00 PM
Place: Gates Town Hall Large Meeting Room
Class # 15210C
Dates: Fridays, January 19 – March 2
(No class Feb. 23)
Fee: Res: \$36 Non-Res: \$42 (6 sessions)
Class # 15210D
Dates: Fridays, March 9 – April 27
(No class March 30, Apr 6)
Fee: Res: \$36 Non-Res: \$42 (6 sessions)



Senior Fitness Class

This class, provided by Agape Physical Therapy, will be led by a licensed therapist, who will lead the class in generalized exercises to build strength and endurance for the upper body, trunk and legs. Generalized stretching exercises, as well as resistant exercises (using therabands) will be included in this class. The class will include both seated and standing components. This class provides a great way for older adults to exercise with professional supervision and consultation. Please register in advance as space is limited.

Class # 15227A
For: Ages 50 and over
Dates: Wednesdays, Jan. 17 – May 30
Time: 11:00 AM – 12:00 PM
Place: Gates Town Hall Large Meeting Room
Fee: FREE

Adult Traveling Golf Leagues

This pay-as-you-go golf league will begin in May and play a different local golf course each month through the end of August. Our four golf courses will be announced when confirmed. Choose either the 9-hole or 18-hole league. Tee times will be on Wednesday morning beginning around 7:30 AM for the 18-hole players followed by the 9-hole players. Interested persons should register in person by April 27th so that groups can be organized. Please indicate your level of play and any requests to be placed with another player. Once the tee times are set they will be emailed to you. The league fee is \$15 and greens fees will vary dependent on chosen courses. Price includes end-of-season luncheon. If space allows, late registrations will be accepted in person only at the Recreation & Parks Office.



Dates: Wednesdays, May 9 – Aug. 29
(No golf July 4)
Place: Area Golf Courses
Fee: Res: \$15 Non-Res: \$15 (for 16 sessions)
Class # 15230A 9-Hole League
Time: 8:30 AM – 9:30 AM Tee Times
Class # 15230B 18-Hole League
Time: 7:30 AM – 8:30 AM Tee Times

Adult Activities

Line Dancing

Instructor Denise Moore will be here to get you moving and swinging. It's a fun way to exercise. Beginners are always welcome.

For: Ages 50 and over
Place: Gates Town Hall Large Meeting Room
Fee: Res: \$20 (per session)
Non-Res: \$20 (per session)

Tuesdays, January 16 - March 20

Class # 15243A Beginner 10:00 AM - 11:00 AM
Class # 15243B Advanced 11:00 AM - 12:00 PM

Tuesdays, March 27 - May 29

Class # 15243C Beginner 10:00 AM - 11:00 AM
Class # 15243D Advanced 11:00 AM - 12:00 PM

Line Dancing Coupons

Can't commit to coming each week? Choose your five classes and purchase 5 one-time use coupons to attend Line Dancing class. You may only purchase one coupon pack per session.

For: Ages 50 and over
Place: Gates Town Hall Large Meeting Room
Fee: Res: \$10 (5 coupons)
Non-Res: \$10 (5 coupons)

Class # 15243E
Dates: Tuesdays, January 16 – March 20

Class # 15243F
Dates: Tuesdays, March 27 – May 29



Tai Chi

Life is a balancing act, isn't it? If you don't practice keeping your balance, your skill level decreases. Can you get out of a chair or climb steps as well as you once did? Can you stand on one foot for 5 seconds? According to Dr. Mercola, Tai Chi improves cognitive performance, reduces stress and improves balance which may have an impact on the over 80,000 adults who are hospitalized due to falls. To rely on our balance, we must practice those movements which train the brain and body to move fluidly. Tai Chi is a non-aggressive and self-paced discipline that doesn't require physical strength, agility or flexibility at the start. Participants gain this through practice.

For: Ages 18 and over

CLASS #: DATES:

15250A Friday, January 12 – February 16

15250B Friday, March 2 – April 13
(No class March 30)

15250C Friday, April 20 – May 25

Time: 10:00 AM - 11:00 AM

Place: Recreation Center Room A

Fee: Res.: \$25 Non-Res.: \$31 (per session)



Game Zone

Join us at the Recreation Center every other week for games and activities. The table top games and the Nintendo Wii will be available to play. Bring your friends! Staff will be on hand to assist. Pre-registration is required for this activity.

Class # 15130A
For: Ages 16 – 22 years
Dates: Sundays, Jan. 21, Feb. 4 & 18, March 4 & 18, April 8 & 22
Time: 1:00 PM – 3:00 PM
Place: Recreation Center
Fee: FREE

Adult Activities

CREATIVE

Project Night

Do you like to do crafts, knitting, sewing, etc.? Do you find it hard to find time at home to work on it? Come join us at the Recreation Center on the 3rd Tuesday of the month to work on your projects and socialize with others without the distractions of home or TV. Bring whatever you want to work on and if you wish, bring something to snack on. Maybe you are doing something that others would love to learn. We will have times for sharing skills, if interested; or, sometimes we'll bring in instructors to teach something new. This is a free program; but, we ask you to sign up so we know who might be coming.

Class # 15360A
For: Ages 16 and over
Dates: Jan. 16, Feb. 20, March 20, April 17
Time: 6:30 PM - 9:00 PM
Place: Recreation Center Room B
Fee: FREE

Scrapbooking & Crafting Weekends

Do you enjoy scrapbooking? Come join us for a full weekend of scrapbooking. You can set up Friday evening and stay to scrap, go home, and then return both Saturday and Sunday to work on your projects. No need to pack up. Room will be kept set up and locked at night. Saturday you can scrap from 9:30 AM until 10:00 PM and Sunday 9:30 am to 4:00 pm. Cost is for a full weekend and includes a coffee break on both Saturday and Sunday. We will order pizza for everyone that wants some; or, you can bring your own food or visit one of our local restaurants.



For: Ages 16 and over
Time: Friday 5:30 PM - 10:00 PM,
Saturday 9:30 AM - 10:00 PM,
Sunday 9:30 AM - 4:00 PM,
Place: Recreation Center
Fee: Res: \$25 Non-Res: \$31 (per weekend)
Class # 15370A January 19 - 21
Class # 15370B March 9 - 11

EDUCATIONAL

Learn to Play Euchre

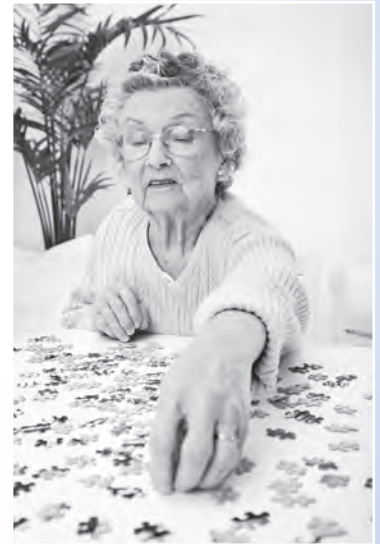
Euchre is a social game that has become wildly popular in the Rochester area. Join the fun and learn the great game of Euchre! Our friendly Euchre organizers will teach you the basics to playing this card game so that you will be ready to join in to our current clubs or even an upcoming tournament.

Class # 15640A
For: Ages 18 and over
Dates: Mondays, January 22 – February 12
Time: 6:30 PM - 8:00 PM
Place: Recreation Center Room A
Fee: Res: \$10 Non-Res: \$13 (4 weeks)

NEW

Brain Fitness

New discoveries are being made daily of how the brain ages though the adult lifespan. Research has proven that a person with new meaningful experiences will have a healthy brain that ages well beyond their 80's. Participants will be provided with an explanation and overview of the science supporting the importance of brain fitness, engaging activities of how to improve thinking and explore effective memory strategies. The instructor will include resources for participants to practice a healthy brain lifestyle at home and in the community. The instructor, France McCloskey has an MA in Adult Learning and a BA in Cognitive Science/ Psychology.



Class # 15630A
For: All ages
Dates: Mondays, March 5 - 26
Time: 1:00 PM - 2:30 PM
Place: Recreation Center Room A
Fee: Res: \$20 Non-Res: \$26 (4 weeks)

Adult Activities

SOCIAL ACTIVITIES & CLUBS

Crochet and Knitting Group

Do you enjoy crocheting or knitting? Join our ladies as they gather on Wednesday mornings to work on projects, help each other with problem projects, and just visit together. No pre-registration required; just come and join in and complete a registration waiver. Come every week or just some weeks.

Class # 15410A
For: Ages 18 and over
Dates: Wednesdays,
January 3 – April 25
(No class Feb. 21, April 4)
Time: 9:00 AM - 12:00 PM
Place: Recreation Center Room B
Fee: FREE



Euchre Club

If you are looking for a time and place to play Euchre in Gates, then come out every Monday to the Gates Town Hall. You can come and go as you please with our drop-in format. Pre-registration is required.

Class # 15420A
For: Ages 18 and over
Dates: Mondays, Jan. 8 – April 30
(No class Jan. 15 & Feb. 19)
Time: 11:00 AM - 2:30 PM
Place: Gates Town Hall Large Meeting Room
Fee: FREE

Non Competitive Euchre Club

If you are looking for a time and location to play a relaxed game of Euchre in Gates, then come out every Wednesday to the Gates Town Hall. You can come and go as you please with our drop-in format. Pre-registration is required.

Class # 15420B
For: Ages 18 and over
Dates: Wednesdays, January 10 – May 2
Time: 10:00 AM - 12:00 PM
Place: Gates Town Hall Annex
Fee: FREE

Mah Jongg

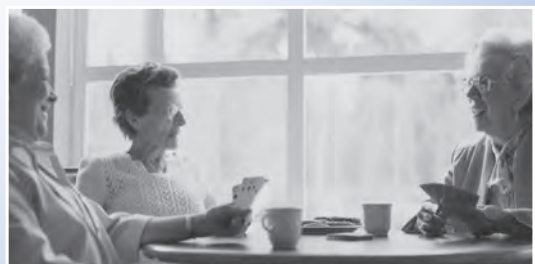
Mah Jongg players are welcome to join our group that meets weekly. We play with the standard hands and rules of the National Mah Jongg League. Please bring your card with you. Please register ahead online or in-person on your first day.

Class # 15430A
For: Ages 18 and over
Dates: Mondays, January 3 – April 25
(No class Jan. 15, Feb. 19, April 2)
Time: 12:30 PM - 3:00 PM
Place: Recreation Center Room A
Fee: FREE

Bridge for the Experienced Player

Come and enjoy a relaxing afternoon of Bridge. Pre-registration is required. Experience is necessary to play with this group.

Class # 15440A
For: Ages 50 and over
Dates: Wednesdays, January 10 – May 2
Time: 12:30 PM - 3:00 PM
Place: Gates Town Hall Annex
Fee: \$1 paid each visit to the program supervisor

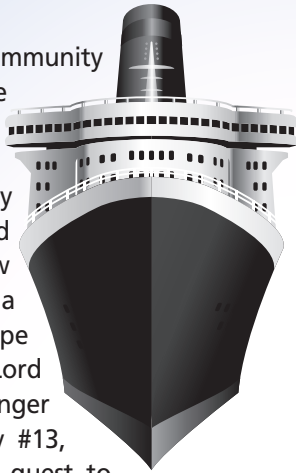


Adult Activities

TRIPS

Anything Goes

Roberts Wesleyan College-Community Theater is thrilled to announce their performance of the musical, "Anything Goes," with music and lyrics by Cole Porter. The story concerns madcap antics aboard an ocean liner bound from New York to London. Billy Crocker is a stowaway in love with heiress Hope Harcourt, who is engaged to Lord Evelyn Oakleigh. Nightclub singer Reno Sweeney and Public Enemy #13, Moonface Martin aid Billy in his quest to win Hope. The musical introduced such songs as "Anything Goes", "You're the Top", and "I Get a Kick Out of You." Since its 1934 debut at the Alvin Theatre (now known as the Neil Simon Theatre) on Broadway, the musical has been revived several times in the United States and Britain and has been filmed twice.



Class # 15900A
For: Ages 18 and over
Dates: Sunday, January 21
Time: Depart at 1:15 PM; Return approx. 5:30 PM
Place: Roberts Wesleyan College - Bus departs from the Gates Town Hall
Fee: Res: \$20 Non-Res: \$26
Registration begins January 3rd for everyone.

NEW Hinchey House Tour

Take a trip back in time and tour the Hinchey Homestead, the only structure in Gates listed on the National Register of Historic Places. The home was built in the 1870's in the Italianate style by Franklin Hinchey, son of William S. Hinchey, a pioneer for whom Hinchey Road is named. The farm was self-contained, providing nearly everything a family needed. Apples were harvested with horse-drawn wagons and ice was cut from nearby ponds in the winter, stored in sheds, and sometimes lasted well into August. Your tour will include refreshments.

Class # 15650A
For: Ages 18 and over
Date: Saturday, April 21
Time: 1:00 PM - 3:00 PM
Place: Hinchey House, 637 Hinchey Road
Fee: Res: \$10 Non-Res: \$10

Broadway Market and Seneca Niagara Casino

The day will begin with a stop at the Broadway Market in downtown Buffalo where you will be able to purchase seasonal treats. Then it is on to the casino for five hours of gaming fun. Each person will receive a \$25.00 gaming voucher and \$5.00 food voucher. In order to receive your voucher, you must present a valid driver's license. Registration deadline is Friday, March 16.

Class # 15900B
For: Ages 18 and over
Dates: Monday, March 26
Time: Depart at 8:15 AM; Return approx. 6:00 PM
Place: Motor coach departs from the Gates Town Hall
Fee: Res: \$39 Non-Res: \$45

NEW Jesus, Lancaster, Pa.

Join us as we journey to Lancaster, Pa to see two wonderful shows.

Day One will begin with an on your own lunch enroute to the American Music Theatre to see "Songs of the Silver Screen" followed by a family-style dinner at an Amish home. Our overnight accommodations will be at the Amish View Inn and Suites in Bird-in-Hand, PA.

Day 2 will begin with a free buffet breakfast at the hotel before departing for Kitchen Kettle Village and the morning performance of "Jesus" at Sight and Sound Theatre. Following the performance we will be heading directly to Country Cupboard for an on your own late lunch/early dinner before heading home. Gratuities for the local step-on-guide, restaurant wait staff and motor coach driver are included.

Class # 15900C
For: Ages 18 and over
Dates: Tuesday & Wednesday, May 1 & 2
Time: Depart at 7:30 AM Tues. 5/1; Return approx. 10:00 PM Wed. 5/2
Place: Motor coach departs from the Gates Town Hall
Fee: Single: Res: \$419 Non-Res: \$425
Double: Res: \$349 Non-Res: \$355
Triple: Res: \$329 Non-Res: \$335
Quad: Res: \$319 Non-Res: \$325

\$75.00 non-refundable deposit per person is due with reservation.

Final balance is due 45 days prior to trip (3/16/18).

Adult Activities

NEW Fireworks on the Hudson, NYC Tour

Day one (July 3) -We will travel to Hudson, NY, making a morning rest stop and lunch stop on our own enroute. We will take a guided tour of Olana State Historic Site, the former home of Frederic Edwin Church, one of the major figures in the Hudson River School of landscape painting. We will overnight at the Holiday Inn Express Poughkeepsie. Dinner is included at the hotel at the Shadows on the Hudson.

Day two (July 4) -We will check out of our hotel and have free Continental Breakfast. The day will begin with a guided tour of West Point United States Military Academy with free time at the Visitors Center. Following the tour, we will board the Captain J.P. II with entertainment and lunch, hors d'oeuvres and dinner onboard and cruise to NYC, traveling past Ellis Island and the Statue of Liberty. We will drop anchor in NYC Harbor to view New York City's spectacular fireworks on display! Our accommodations for this evening will be at the Fairfield Inn Marriott in East Rutherford, NJ.

Final Day (July 5) - We will check out of our hotel and have free Continental Breakfast before traveling into NYC for a visit to the 9/11 Memorial followed by free time at Times Square with lunch on your own. We will then travel home making a stop for dinner on our own enroute.

Class # 15900D
For: Ages 18 and over
Dates: Tuesday - Thursday, July 3 - 5
Time: Depart at 8:30 AM Tues., July 3;
Return approx. 10:00 PM Thurs., July 5
Place: Motor coach departs from the Gates Town Hall
Fee: Single: Res: \$815 Non-Res: \$821
Double: Res: \$675 Non-Res: \$681
Triple: Res: \$615 Non-Res: \$621
Quad: Res: \$585 Non-Res: \$591



\$150 non-refundable deposit per person with reservation and final balance is due 45 days prior (5/11/18).

Adults 50+ Services

Clubs For 50+

Join us today for weekly fun! The Gates Recreation and Parks Department sponsors two daytime clubs for residents of Gates, ages 50 years and over. Group activities are varied but include picnics, local excursions, educational programs, board games and more. Residents may only join one club. Come visit each club and choose the club that best meets your needs. We look forward to meeting you.

Dates: Tuesdays – Gates Seniors #3 Club
Thursdays – Westgate Senior Club
Time: 10:30 AM - 2:30 PM
Place: Gates Town Hall Annex Room
For more information please call 247-6100 Ext. 287.

AARP Tax Counseling

Free tax preparation for senior adults 50 years and older. Volunteers will be available on Mondays and Fridays from 9:00 AM to 11:00 AM beginning Friday, February 9. You must have an appointment to receive tax counseling. NO WALK-INS will be taken! Our first day for CALL IN REGISTRATION ONLY will be **Saturday, January 6 from 9:00 AM to 12:00 PM**. Calls will be taken at **429-8287**. Registrations will continue beginning Monday, January 8 from 9:00 AM to 5:00 PM and will be taken Monday through Friday until all appointments are filled. First preference is given to those 50 years and over.

Adults Activities

AARP Mature Driving

The American Association for Retired Persons offers a retraining program designed to meet the needs of motorists over 50 years of age. No tests are given. Participants are eligible to receive up to a 10% discount on their car insurance. You must attend both classes and the program will start promptly and no one will be allowed in the room once it starts. You do not need to be a member of AARP to attend the class. Pre-registration required.

For: Ages 50 and over

Class # 15520A
Dates: Wednesday & Friday, Jan. 17 & 19 (2 classes)

Class # 15520B
Dates: Wednesday & Friday, Feb. 7 & 9 (2 classes)

Class # 15520C
Dates: Wednesday & Friday, Mar. 14 & 16 (2 classes)

Class # 15520D
Dates: Wednesday & Friday, April 11 & 13 (2 classes)

Time: 12:45 PM - 4:00 PM

Place: Recreation Center Room A

Fee: \$20 (AARP member must bring card)
\$25 (AARP non-members)

Bring check, payable to AARP, to 1st class

Eldersource Care

An Eldersource Care Manager can provide information, consultation, and guidance on a wide range of elder issues. Issues including: accessing benefits, assistance with health insurance claims, analysis of health insurance policies, and arrangements for help with cleaning, laundry, meals and transportation. Help is also available to explore housing options, assist with budgeting, and discuss long term care. Caregivers are encouraged to seek guidance as well. Call Eldersource at 325-2800 to make an appointment. Eldersource is at the Gates Town Hall on the 2nd Thursday of the month by appointment only.

For: Age 50 and over

Dates: Second Thursday of the month beginning on January 11

Time: 11:00AM - 1:00PM

Fee: Free

HICAP

The Health Insurance Information, Counseling and Assistance Program (Sponsored by the Monroe County Medical Society, A.A.R.P., and the Monroe County Office for the Aging) offers assistance with Medicare and other health insurance claims, help with appeals, billing clarification and counseling for other health insurance programs such as EPIC, a NYS prescription plan. All services are confidential and free. Call 325-2800 between 8:00 AM and 3:00 PM for assistance.



Medical Transportation Program

Transportation is available for medical appointments only for Gates senior residents. Due to the demand for this service, not more than 2 rides may be scheduled per person per month. Call Dawn Steffenilla, Senior Services Assistant, at 429-8287 between 9:00 AM and 2:00 PM for guidelines and to arrange for a ride.

Volunteer Transport

Do you have a few hours per month to provide a vital service? Persons are needed to transport older adults to doctor and therapy appointments on short notice, in a town vehicle. Those interested in providing this vital community service, can contact our Senior Services Assistant at 247-6100, ext. 287.

Senior Angels

Join our special group of Senior Angel Volunteers. Help us coordinate parties and special events for our community and senior clubs. For more information on volunteer opportunities, please contact Kim Vogler, Adult Services Coordinator at 247-6100, ext. 232.

Town Parks

The Gates Recreation and Parks Department owns and maintains 137 acres of parkland.
Each park has recreation areas to serve various needs.

MEMORIAL PARK

Memorial Park is a 30-acre park located at 160 Spencerport Road. The park features 3 ball diamonds, 2 football/soccer fields, natural pond, paved walking trail, playground, and bocce court. The enclosed shelter, with covered patio, has a small kitchen equipped with a stove, microwave, refrigerator and freezer. Seating capacity is approximately 125. ADA restroom facilities are located inside the building for shelter patrons. A new open pavilion/band shell has been added via a grant through Senator Robach's office. The 40 X 25 structure has electric and lights and will be available for rental in 2018. There is a separate restroom facility in the park located by the playground.

WESTGATE PARK

Westgate Park is a 16.5-acre park located at 1489 Howard Road, next to the post office. This facility includes an enclosed shelter with a covered patio, a kitchen equipped with a stove, microwave, refrigerator and freezer. Seating capacity is 125. The park features an open pavilion with seating up to 90, grills, 2 lighted tennis courts, 2 basketball courts, 2 baseball fields, 2 pickle ball courts, 3 children's play structures, and a nature trail.

Pickle Ball Courts

Two new Pickle Ball courts are located in the center of Westgate Park. Pickle Ball is a paddle sport created for all ages and skill levels. This fun sport combines many elements of tennis, badminton and Ping-Pong and has become increasingly popular both indoors and out. Instructional programs will be available during the summer. Special thanks to Wegmans Lyell for their generous donation to help us develop these two courts!

LIONS PARK

Lions Park is a 14-acre park located at 100 Kentucky Avenue off of Long Pond Road. The park has an enclosed shelter with a covered patio and a kitchen equipped with a stove, microwave, refrigerator and freezer. Seating capacity in the shelter is 95. The park features 3 lighted tennis courts, lighted basketball court, sand volleyball, ball field, soccer/football field. The park also has a bocce court; a shuffleboard court, and accessible fishing pier. The children's play area includes swings and a brand new playground with two play structures and a climbing wall.

WEGMAN ROAD PARK

This 2-acre recreation area is located at 510 Wegman Road. The park features an open pavilion to accommodate approximately 24, 2 play structures, a climbing wall, and a swing set. The park also has a paved walking trail and accessible restroom. The park is open dawn to dusk.

GATES TOWN PARK

This 73-acre park has 4 soccer fields, restroom facilities, and a 90-foot baseball field, 2 play structures, swing set, climbers, tire swing and accessible fishing pier. The park is located at 4310 Lyell Road and is open from dawn to dusk April 1 to November 1, weather permitting.

Woodland's Disc Golf Course at Town Park

With the financial help of the Friends of Gates Recreation and Parks, a nine-hole Disc Golf Course has been installed at Gates Town Park, 4310 Lyell Road. The course has been laid out by volunteer and Friends member Dan Hoock with the assistance of the Greater Rochester Disc Golf Club. The first hole is located on the west edge of the park near the playground and then crosses east to the wooded area on the east side of the course. Fairways vary in length and difficulty. More information and course maps are available on our website www.gatesrecparks.org.

HINCHEY HISTORICAL HOUSE & PARK

Built in the 1870's, the historical Hinchey Homestead is the only structure in Gates listed on the National Register of Historic Places. The house and large barn sits on a 3.1 acre site located at 634 Hinchey Road. The Gates Historical Society is managing the house and can be contacted at 464-9740 for information on tours and programs.

Shelter & Pavilion Rental Information

Persons wishing to reserve the shelters at Lions, Memorial, Wegman Road or Westgate Parks may do so up to 365 days in advance by obtaining a permit at the Gates Recreation and Parks Office or on-line at www.gatesrecparks.org. To finalize your on-line reservation, you will be asked to complete a permit and make payment within 5 working days. If proof of residency is required you will be asked to bring that into the Recreation & Parks Office. Please read carefully the park guidelines, refund policy and the acceptance of responsibility. Shelters are available to rent from 9:00 a.m. to 9:45 p.m. daily.

Enclosed Picnic Shelters at Lions, Memorial & Westgate Parks:

Residents: \$150 per day
Non-residents: \$300 per day

Open Picnic Pavilions: (Mid-April to Mid-October)

	<u>Memorial Park</u>	<u>Westgate Park</u>	<u>Wegman Road Park</u>
Residents:	\$75 per day	\$60 per day	\$35 per day
Non-residents:	\$150 per day	\$120 per day	\$70 per day

Park Shelter and Open Picnic Pavilion Security Deposits:

There will be a fee of \$50 for Gates residents and \$100 for non-residents, cash or check only, required prior to your approved rental date. This is in addition to the paid rental fee. The Recreation and Parks Department reserves the right to hold all or any portion of this deposit if the shelter is left in poor condition. This deposit will be returned to you upon the satisfactory inspection of the facility and key return if one is issued.

Park Shelter Reservation Refund/Change of Date Fee Policy:

No refunds will be made unless notification of cancellation is given **30 calendar days in advance**. The processing fee for all reservation refunds is \$25. There is a \$20 charge for changes of date or location. Any date change must also be received **30 calendar days in advance**.

Ball Diamonds and Football/Soccer Fields

Athletic fields can be reserved by residents or groups made up primarily of residents. Permits will be issued after Gates Youth Sports Organizations schedules are set. Field use must be compatible with other activities, programs, and picnics within the parks, and the Recreation & Parks Department reserves the right to decline requests that they feel detrimental to the turf or in conflict with other programs. Fields at times may be closed for scheduled maintenance.

Field fees are based on 2 hours of use:

Baseball/Softball \$50 for 2 hours
Soccer/Football/Lacrosse \$50 for 2 hours

Our town facilities are monitored during the day by the Park Supervisor and staff and in the evening by a Park Attendant. If you have a park problem or emergency, they can be reached at 746-0191. The park ordinance is strictly enforced. Please do not park on grass or in emergency or fire lanes. Dogs must be leashed.

Help keep Gates Parks safe and clean.

NEW Memorial Park Band Shell Pavilion

With the help of a State and Municipal Facilities Program grant received through Senator Robach's office in 2016 the Town of Gates will have a new band shell pavilion at Memorial Park, 160 Spencerport Road. The structure is under construction now as we go to print and should be ready for the spring. The structure is 40' X 25' and is an amphitheater style shelter with a pitched roof for improved acoustics. This shelter will be used for concerts and special events and will be rented out for family and company picnics. It can hold 14 picnic tables and will have electric and lights. It is located in the center of the park directly across the park road from the playground and restroom building. The Gates Highway crew has worked closely with Parkitects in preparing the site, trenching for electric and will complete the grading and seeding in the spring. We look forward to offering some new events here this summer and for years to come.



Town Talent Night?

We all know that Gates has talent – now we want to see it! As we look forward to the summer we would like to get an idea of how many talented residents we have and see who is looking for a stage to perform on for their family, friends and neighbors. Drop us an email at gatesrec@townofgates.org with your contact information and a brief description of your talent...band, dance, comedian, juggler, magician, etc. Dependent on interest, we will put together either a weekly or monthly night to showcase your talent. Don't be shy...we know you want to perform!

Recreation Center Information

Recreation Center - Open Hours

Our Recreation Center is open for community use for families to come in and play pool, Ping Pong, air hockey, foosball, table games and enjoy the Wii on our large screen TV. Children under 5 can tumble and play in our Pre-School Area. The Recreation & Parks Department reserves the right to limit participation of those who do not adhere to the rules set forth.

Recreation Center Rules

1. Participants must sign in upon entering the center and sign out when leaving.
2. No children over the age of 5 years are allowed in the Pre-school area.
3. Individuals will be courteous to other participants and limit their play to allow others to participate.
4. There is no swearing, fighting or disruptive behavior allowed.
5. No food or drink may be consumed or brought onto the carpeted areas of the Recreation Center.
6. Participants will take care of the equipment and take responsibility for any broken items that are damaged due to misuse while they are using them.
7. Toys and games must be put away and the area left as found.

Youth under 16 years must be accompanied by a responsible adult. Please note that there may be times that pre-registered paid programs supersede regular open center hours.

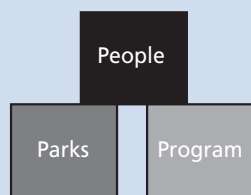
Call 247-6100, ext. 289 or go to www.gatesrecparks.org for further information.

Dates: Mondays – Fridays, January 2 – April 27
Not available: January 15, 26, February 19 – 23, March 30, April 2-6, 23

Time: 12:00PM - 5:00PM



FRIENDS OF GATES RECREATION & PARKS



'Friends' is a group of individuals who support the Town of Gates Recreation and Parks Department. As a not-for-profit organization, they are comprised of volunteers who work towards two complementary purposes. First, they provide grant development and procurement efforts to support development of recreation opportunities and park development in the Town of Gates. Second, as a group of volunteers, they assist with Gates Recreation and Park Department's events.

Joining this group is an excellent opportunity to volunteer a little time for something that can have a lasting impact. Our first meeting for 2018 will be held on Tuesday, January 2 at 6:30 p.m. in the Recreation Center. Please join us. For more information, call Linda Fowler at 247-6100, ext. 237.

BOARD MEMBERS

President, Dennis Laba

Secretary, Virginia Paddock

Vice President, Greg Westbrook

Trustee, Mike Ciaccia

Treasurer, James Gray

Trustee, Ann Paddock

Everyone is Welcome

The Town of Gates and the Recreation and Parks Department welcomes persons with special needs in our programs. The Department is committed to providing quality recreation and leisure opportunities for everyone. We encourage those with special needs to participate in our programs and to make your experience with us the best it can be.



Share Your Talent

The Gates Recreation and Parks Department is always looking for new and innovative talent. If you possess a skill and the ability to lead an activity, please call the Recreation and Parks office at 247-6100, ext. 235 to discuss your idea.

Volunteer

The Gates Recreation and Parks Department depends on volunteers to assist with a variety of seasonal special events and park clean ups. Please contact the Recreation and Parks Department by phone at 247-6100, ext. 235 or go to www.gatesrecparks.org for an application and to find out more about how you can serve your community.

Share Your Photos!

Gates Recreation & Parks is looking for some great photos of you and your family taken while participating in our programs or events! Just email them to us at gatesrec@townofgates.org. Identify the program and the participants. By e-mailing your photos, you consent to Gates Recreation & Parks Department the right to use your photo as it deems appropriate.

The Gates Recreation and Parks Department staff are current members of the National Recreation & Parks Association, New York State Recreation and Parks Society, and Genesee Valley Recreation and Parks Society.



Registration Information

Registration for programs (unless otherwise stated) begins at 12:00 noon on Wednesday, January 3rd for Town of GATES RESIDENTS ONLY. Non-residents may register, as space permits, beginning on Wednesday, January 17th at 12:00 noon unless otherwise noted.

HOW TO REGISTER FOR A PROGRAM: Please register in advance.

On-Line: Follow the instructions and links on our web-site www.gatesrecparks.org to complete your registration. Payment will need to be made by MasterCard, Visa or Discover. Registrations will be processed through a secure server. On-line registration may close prior to the start of a program if tickets or materials are involved.

Mail-in: Please use the registration form on page 25 or print it from our website. Registrations should be mailed to: Gates Recreation & Parks Department, 1605 Buffalo Road, Rochester, NY 14624

In Person: Registrations will be accepted at the Recreation and Parks Office during regular business hours 9:00 AM to 5 PM Monday thru Friday, 9:00 AM – 7:00 PM on Thursdays.

Drop Off: The drop box is located along the outside wall of the walkway entrance outside the Recreation Center, 1605 Buffalo Road. This drop box is accessible 24 hours a day, 7 days a week.

NON-RESIDENTS

Beginning on Wednesday, January 17th at 12 noon non-residents are welcome to register for our programs (unless otherwise noted). Anyone not residing in the Town of Gates and/or paying town taxes to the Town of Gates is considered a non-resident. For most programs there will be a \$6 non-resident fee (unless otherwise stated in the program description) for each class. All fees are due at time of registration.

HOW TO PAY

We accept Credit or Debit Cards (MASTERCARD, VISA or DISCOVER), check, cash or money order. Please do not send cash through the mail or place in the drop box. Registration confirmations/receipts will be sent via e-mail or mail. Please note there is a \$25.00 processing fee for returned checks due to insufficient funds. Financial Assistance: Payment plans and a limited number of partial scholarships may be available for certain programs based on need for Gates residents. Call the Recreation and Parks Office for information.

WAITING LISTS

Once the program is full, a waiting list will be generated. You will receive a call only if a space becomes available.

SPECIAL ACCOMMODATIONS:

Upon advance request, provisions will be made for any individual with disabilities as defined in the American Disabilities Act.

PROGRAM REGISTRATION REFUND POLICY

Refund request must be made at least 3 days prior to the start of an activity, unless the class is canceled, modified, or a medical condition prevents participation (doctor's written excuse required). **Trips that require a ticket purchase are non-refundable** unless a waiting list exists or the participant is able to find someone to take their place. NO refunds once a program has begun. Refunds are processed on a monthly basis and must be approved by the Gates Town Board. The Town Board meets on the first Monday of each month. Refund checks will be mailed approximately ten days after this meeting. Depending on date of refund request or notification, refunds can take up to six weeks. A processing fee 20% of the cost of the program registration fee will be retained unless the class is canceled or modified. Refunds for under \$10 will be made via a household account credit or cash, which you will need to pick up at the Recreation and Parks Office.

The Gates Recreation and Parks Department reserves the right to modify or change programs and fees as necessary. Participation by any person in a Recreation and Parks program may be terminated at any time by the department at its discretion.

In order to further publicize Gates Recreation and Parks programs, participants may be photographed or videotaped during a program. If you do NOT want photos of those listed on the registration form, please contact the Recreation & Parks Office.

Please contact the Recreation & Parks Office by phone at 247-6100, ext. 235 Monday through Friday from 9:00 AM – 5:00 PM, by e-mail at gatesrec@townofgates.org, or via internet at www.gatesrecparks.org for more information about department programs. Call our Activities Line at 429-8289 for updated recorded information or check our Facebook page.

Upcoming Program Registration Dates

Summer 2018: Mailed to Gates homes around April 1st; resident registration begins Wednesday, April 11th; most programs begin on or after April 28th.

REGISTRATION FORM

PLEASE PRINT ALL INFORMATION, EXCEPT SIGNATURES

Head of Household Last Name: _____ First Name: _____
 Head of Household Date of Birth: _____ Town of _____ Gates Chili School
 Gender: M F Gates Resident: YES NO District Resident: YES NO
 Household Address _____
 Street _____ City _____ Zip _____
 Email _____ Primary _____ Secondary _____
 Address: _____ Phone: _____ Phone: _____
 Emergency Contact: _____ Relationship: _____ Phone: _____

Activity Information (Please complete all requested information, including the appropriate T-Shirt Size ~ YS, YM, YL, AS, AM, AL, XL, XXL ~ if a t-shirt is provided and \$6 or specified fee per program, if you are a non-resident):

Participant's Name	Date of Birth	Gender	2017-18 Grade	Shirt Size	Program	Class #	Total Fee Due
	/ /	M F					
	/ /	M F					
	/ /	M F					
	/ /	M F					
	/ /	M F					
	/ /	M F					
	/ /	M F					

Non-resident fee (\$6 per person per program) \$

Payment (Please complete all payment information): _____ **Total Amount Enclosed:** \$ _____

Mark Method of Payment: Check: _____ Cash: _____ Charge Card: _____ Debit Card: _____
 (see below for authorization)

I authorize you to charge my MasterCard: _____ Visa: _____ Discover: _____

Credit Card No.: _____ Expiration Date: _____ Amount: _____

Signature of Card Holder _____

Liability Waiver (Please read the following statement and sign and date where indicated):

I assume all risks and hazards incidental to the conduct of the activities listed above and do hereby further release and hold harmless the Town of Gates and the Town of Gates Recreation and Parks Department staff and volunteers. I give permission to a licensed physician or hospital staff to administer emergency medical care deemed necessary for those listed above when normal permission is unavailable. I certify that those listed above are in good physical health and have no limitations other than those I have listed in SPECIAL NEEDS/LIMITATIONS/CONCERNS section on the HOUSEHOLD PROFILE, which may predispose those listed above to risk during the programs listed above. I also fully realize that I must provide proper hospitalization. The Town of Gates does not provide accident insurance coverage. I have also read and understand the department's registration information, including its refund policy and procedure. I also understand the department is not responsible for participants' personal items if lost or stolen. I give permission for the Town of Gates to photograph or video tape those listed above during the indicted activity.

_____ By checking here, I authorize Gates Recreation and Parks Department to e-mail receipts instead of mailing via USPS

Signature: _____ Date: _____
 (if under 18 parent or guardian signature required)

Community Input

Take a few moments and tell us what you like, what you want more of,
and what would bring you out to participate.

1. Tell us what your favorite programs are:
2. What new programs would you like to see offered?
3. Are there programs or events that have been done in the past that you would like to see again?
4. When is the best time for you to participate in programs and events?
5. Have you taken a bus trip with the department? If so, what did you like best about it?

What other trips would you like to see?

6. Do you feel that the current park facilities serve your needs?
What more would you like to see in the parks?

Please return this to the Recreation & Park Office, 1605 Buffalo Road, Rochester, NY 14624
THANK YOU FOR YOUR INPUT

Gates Youth Soccer League



Established Since 1975

We offer an "Introduction to Soccer"

Pee Wee program Ages 4-6 and

Recreational and Travel Programs for

Boys & Girls Ages 7-19

Register Online Today!

www.gatessoccer.org

Pee Wee: (Ages 4-6) \$60.00 includes ball & jersey

House: (Ages 7-19) \$100.00

Travel: (Ages 8-19) please visit our website for more

Info as some teams may be looking for players.

Interested in helping kids or volunteering your time? Why not Join Us!

Our GYSL Organization is always looking for new players, volunteers to coaches and new board members to join our Gates Family! If interested, please visit our website or contact us for more info.

 **Email us: info@gatessoccer.org** 

Thank You!

The Gates Recreation and Parks Department staff would like to extend our thanks to the New York State Office of Children and Family Services through the Rochester-Monroe County Youth Bureau for partial funding.

Special thanks are given to the Gates Chili School District for their continual support and cooperation in use of their facilities, equipment, and athletic instructors. Also, thanks to Rochester Regional Health System Total Sports Experience and Rochester Tech Park for use of their facilities.

Thank you to our friend Senator Joe Robach for securing funding for the new pavilion/band shell at Memorial Park. Thanks are also extended to the Gates Town Board, Gates Recreation and Parks Commission and Friends of Gates Recreation & Parks for their continued support and to the numerous staff and volunteers who serve our programs.

We would also like to thank our support services including Gates Highway, Public Works and Building and Grounds, Gates Ambulance, Gates Police and Special Police, and the Gates Fire District. Your assistance is greatly appreciated.

Get in the Game!



**CHILD DEVELOPMENT
SPORTS PROGRAMS**

Starting at age 2

Sessions offered year-round

BIRTHDAY PARTIES!

Indoor turf fields, basketball court, multiple sports options, playground games, private party rooms, bounce house options

**ROCHESTER
REGIONAL HEALTH**

**TSE
TOTAL SPORTS EXPERIENCE**

GATES

880 ELMGROVE RD.
ROCHESTER, NY 14624
585.458.4263

EAST ROCHESTER

435 W. COMMERCIAL ST.
EAST ROCHESTER, NY 14465
585.203.0367

www.totalsports-experience.com





Softball and Baseball programs for boys and girls from the ages 4 – 16
You may register online at www.gateschillittleleague.org

If you have any questions please contact:
President Jeff Fisher (585) 500-5154
Vice President Joe Lynch (585) 766-8769

WestSide Express Transportation

Are you looking for safe & reliable transportation to medical appointments or to run important errands?

If so, WestSide Express may be the best option for you! WestSide Express is a not-for-profit, volunteer based transportation service for residents living in the towns of Gates and Chili. This much-needed service is coordinated by Lifespan to help assist friends in the community to fulfill their appointment needs.

If you would like to learn more about this wonderful agency or would like to arrange transportation, call WestSide Express at (585) 889-6104

Brochures are available at both Chili and Gates Libraries as well as the Chili and Gates Senior Centers.

WestSide Express is in need of volunteer drivers and dispatchers. Many of their volunteers serve once a week or once a month. If you are interested in volunteering, please contact Robert Jackson at 889-6104 or rhjack@gmail.com



**care
without
compromise**

When looking for **assisted living** or **memory care**, it's important to find the services you need in a place you can call home. Begin — and end — your search at **Seabury Woods** located at 110 Dalaker Drive (off Buffalo Road).

**We welcome your calls to 585.426.4950
or Info@EpiscopalSeniorLife.org.**



Life. Inspired every day.



gates public library

902 Elmgrove Rd - Rochester, NY 14624

(585) 247-6446 - www.gateslibrary.org

Free registration online, by phone or in person

Children's Programs

Baby Story Time

Mondays 9:30-10:00am, (Closed January 15 and February 19) Ages birth-2 years & caregiver

Story Time with Mary Jo

Mondays 10:15-11:00am, (Closed January 15 and February 19) Ages 2-5 & caregiver

Story Time with Hannah

Tuesdays 10:15-11:00am, Ages 2-5 & caregiver

Time for Tots

1st, 3rd, 4th Wednesdays 10:15-11:15am, Ages 1-5 & caregiver

Pajama Story Time

1st Wednesday of the month, 6:30-7:15pm, All Ages (Family Program)

Lego Club

2nd Thursday of the month, 6:30-7:30pm, Ages 5-12

STEM Story Time

January 18, February 22, March 22, April 18, 6:30-7:15pm, All Ages (Family Program)

First Friday Films

1st Friday of the month, Movies begin at 10:00-11:30am! All ages (Family Program)

Preschool Dance Party

2nd Friday of the month, 10:00-10:30am, Ages 1-5 & caregiver

Story Time Yoga

3rd Friday of the month, 10:15-10:45am, Ages 1-5 & caregiver

Signing and Singing Story Time

February 23 and March 23, 10:15-10:45am, Ages birth-5 & caregiver

Teen Programs

Junior Friends

2nd Tuesday of each month, 4:00-5:30pm, Ages 9-16

Tween Craft Programs

Most Tuesdays, 6:30-7:30pm, Ages 8-13

Crystal-Like Snowflakes Craft Class

Tuesday, January 9th, 6:30-7:30pm, Ages 9-18

Practice SAT

Saturday, January 27, 10:00am-2:00pm, Students in grades 9 and up

Take & Make Crafts: new craft kit each month in the Teen area!

Growing Kindness 2018!

Growing Kindness 2018 is an all ages program designed to promote kindness, compassion, and giving. Patrons can pick up a monthly kindness calendar with suggested activities and related library programs. Library programs will focus on making items to be donated or distributed throughout the community. Participants will earn coupons and are encouraged to attend a quarterly pizza party. For more information, contact Mary Jo Smith at 247-6446.

GATES RECREATION & PARKS SAVE THE DATES

SUMMER PLAY CAMPS

July 2nd - August 10th

Register for one or all 6 weeks
Program includes t-shirt,
breakfast, lunch and all trips/visitors.



NATURE CAMP

August 13th - August 17th

Program includes t-shirt,
breakfast and all trips/visitors.



STAR CAMP

Celebrating 20 years!!
Show title will be announced in February.

July 9th - August 3
(Shows Aug. 2 & 3)

Program includes t-shirt, and lunch.



Registration begins Wednesday, April 11th

COMMUNITY



Upcoming Events for 2018

- Up, Up & Away Kite Event Saturday, May 19
- Memorial Day Service Monday, May 28
- Gates Summer Camps..... July 2 – August 10
- Gates STAR Camp..... July 9 – August 3 (Shows Aug. 2 & 3)
- Gates Summer Concert Series Sundays beginning July 8
- Ice Cream Social & Movie Night Friday, July 20
- Gates Summer Celebration Saturday, August 11
NEW DATE & LOCATION
- Nature Camp..... August 13 -17
- Community Garage Sale Saturday, September 22
- Halloween Party..... Friday, October 26
- Christmas Tree Lighting
& Holiday Party Saturday, December 1st
- Dinner w/Parker & Rudolph Friday, December 7th

INSTRUCTOR SPOT LIGHT: Jason Wambold, Executive Vice President Agape Physical Therapy



The Town of Gates has been very fortunate to have Jason lead our Senior Fitness program for the last 3 years. His warmth and compassion to the program and its participants has endeared him to all that attend his program. He is always willing to take the time to listen to individuals concerns as well as develop programs that everyone can participate in.

Jason has practiced physical therapy for the last 10 years in Rochester, joining Agape in February of 2015. His role as Executive Vice President is to create an environment in each of Agape's locations where clinical care and customer service are second to none. Agape is grateful for each and every person who entrusts their health and wellness to them. Their goal is to exceed patient expectations! Their physical therapy professionals are completely invested in restoring, improving and reclaiming patient's movements to maximize wellness and performance. Combining traditional and non-traditional methods of treatment allows them to find the best tailored treatments, while educating and keeping each patient informed through every step of treatment.

Agape Physical Therapy has offered this program to the Gates community free of charge for over 10 years. We have truly been blessed with each and every instructor that Agape has shared with us. Jason and Agape Physical Therapy deserve a big round of applause for their dedication and continued service in keeping our older adults fit!

Town of Gates Recreation and Parks Department
1605 Buffalo Road
Rochester, NY 14624
(585) 247-6100 ext. 235

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PUBLIC & PRIVATE ORGANIZATIONS

GATES PUBLIC LIBRARY247-6446

GATES CHILI CONTINUING EDUCATION &
SWIMMING LESSONS..... 247-5345

WESTSIDE FAMILY YMCA 247-3501

GATES SOCCER
www.gatessoccer.org 200-5627

GC LITTLE LEAGUE BASEBALL & GIRLS' SOFTBALL
www.gateschillittleleague.org
Joe Lynch, Director 766-8769

GATES JR. SPARTANS FOOTBALL & CHEERLEADING:
www.gatesjrspartans.com
Rickey Ellis, President 234-3556

GATES HISTORICAL SOCIETY464-9740
GATES GARDEN CLUB869-5062

SPORTSNET: Inclusive Opportunities for Persons with
physical disabilities..... 334-6000 Ext. 1120

ROCHESTER REGIONAL HEALTH SYSTEM TOTAL SPORTS
EXPERIENCE458-4263

WESTSIDE EXPRESS
(GC Senior Transport Service)..... 889-6104